



Cabinet Secretary for Health, Wellbeing and Sport, Shona Robison, meets Urology staff during her visit

Welcome to the latest edition of the Queen Margaret Development Project newsletter.

In this edition you can find out more about the official opening of the Day Surgery and Urology units, work on new Dental and Audiology facilities on-site, and the transformation of an internal courtyard into a therapeutic garden and relaxation area for patients.

## Latest News

As work progresses on-site, a number of events have been held to keep people up-to-date with developments.

NHS staff members from across Fife were recently given the opportunity to visit some of the new units and areas that have opened at Queen Margaret, whilst local politicians were also given an update on project progress and developments.

A public display is now available to view in the main reception, looking back at the wide range of developments which have taken place over the last year and future project work. The display is also available to view on the NHS Fife website at [www.nhsfife.org/queenmargaret](http://www.nhsfife.org/queenmargaret) where you

will also find copies of previous newsletters.



Above Shona Robison meets one of the Meet and Greet Volunteers

## Car Park Update

- To ensure safety on-site and allow accessibility for all, drivers are asked to park appropriately and follow all road signs. Car park users are advised that Fife Council is responsible for parking enforcement and wardens may apply penalty charge notices for inappropriate parking.
- Charging points for electric vehicles will be available in Car Park 2 from July. Vehicles using these points are restricted to a maximum of 90 minutes.

## Official Opening of Day Surgery and Urology Units



Shona Robison with staff members at the Day Surgery Unit

New Day Surgery and Urology units were officially opened by Shona Robison, Cabinet Secretary for Health, Wellbeing and Sport, at the end of May.

The units provide treatment and care to patients from across Fife and are the latest purpose-built facilities to open as part of the Queen Margaret Development Project.

The Urology unit, which opened to patients in September 2014, undertakes outpatient and day case work, providing a range of clinics, reviews and urological tests.

Over 1000 patients are treated at the unit each month. Facilities include two treatment rooms, five consulting rooms, a large reception/waiting area and four-bed recovery area.

The Day Surgery unit provides treatment for a wide range of conditions, with patients admitted, treated and discharged within 23 hours. The unit, which opened to patients in January 2015, currently treats over 500 patients each month, with that figure expected to increase further.

The unit comprises a 12-bed recovery area for patients requiring an overnight stay, two pre-assessment rooms, excellent recovery facilities, separate sitting rooms for day and overnight patients, and an education/seminar room for staff.

Commenting on her visit, Ms Robison said: "It is fantastic to see these new units open and to meet patients who are benefitting from the new facilities.

Both the Day Surgery unit and the Urology unit are equipped with the latest specialist equipment, allowing NHS Fife to continue to provide an effective and efficient service in a bright and spacious environment."



Shona Robison chats to a patient during her visit to the new Day Surgery Unit

## Clinical Corridor Access Reminder

Members of the public are reminded that a clinical corridor extends between the Day Surgery and Urology units. Access to the corridor is restricted to designated staff, with no general access available.

The corridor has been created to improve the privacy and dignity of patients using Day Surgery



services, particularly patients moving between theatre and recovery areas.

Signage around the site takes account of this change.

Additional assistance is available from the Meet and Greet Volunteers, the main reception or by downloading a guide from the website at [www.nhsfife.org/queenmargaret](http://www.nhsfife.org/queenmargaret)



## New Facility for Disabled Visitors Opens



toilets") with extra features and more space to meet these needs. They provide a dignified, safe and hygienic environment for users, containing specialist equipment including a large height adjustable changing bench, a hoist, a peninsular toilet and enough space to comfortably accommodate a disabled person and up to two carers. Facilities must meet an agreed set of standards before they can be called a Changing Places toilet.

NHS Fife staff joined with representatives of PAMIS, disabled visitors and their families and carers at a recent event to celebrate the opening of this new facility.

A new 'Changing Places' facility for disabled visitors has been opened in the main reception area, providing visitors, their families and carers with the specialist equipment they require to meet toileting and changing needs.

Many people with profound and multiple disabilities, as well as other groups of people such as those with spinal injuries, muscular dystrophy, multiple sclerosis or an acquired brain injury, are unable to use standard accessible toilets and require facilities with additional support.

Changing Places toilets are different to standard accessible toilets (or "disabled

Equipment inside the new Changing Places facility





## The Main Reception Area

Many visitors and patients have commented on the transformation of the main reception area. Over the last 12 months, a number of facilities have opened including:

- The new reception desk
- Aroma Coffee Shop
- Enhanced toilet facilities
- Infant feeding & infant changing facilities
- Changing Places toilet
- Carer and Patient Information Point
- Meet and Greet Point

In addition, we've enhanced waiting areas and installed hospital TV screens so you can keep up-to-date with the latest hospital and health information.

We hope that these new facilities make your hospital visit that little bit easier.



## New Audiology Facility for Children and Young People

A new purpose-built hearing assessment unit for children is under construction on the ground floor of the hospital.

The unit will conduct hearing assessments for children and young people, from newborns to school leavers.

This will be the first paediatric testing facility of its kind at Queen Margaret Hospital and will allow children and young people in the West of Fife to be treated closer to home.



Currently referrals from West Fife are seen at Victoria Hospital. It is expected that around 45 children a week will be able to be seen at the new unit.

## New Dental Department



A new Dental department providing specialist services is currently under development.

The department, located on the ground floor, will see patients who have more complex needs and who would have difficulty accessing the care they require from their family dentist.

The service, relocating from Carnegie Clinic, will cater for anxious patients of all ages who have been referred by their own dentist, as well as those whose treatment may be more complex due to other medical issues.

The service will also cater for those with

learning or physical disabilities, with a hoist available to assist those with restricted mobility. Inpatients at Queen Margaret will also have access to the clinics should they require any dental treatment during their hospital stay.

As part of the works a new instrument decontamination facility is being created within the department.

The new unit will provide a full range of services in one location and seeks to improve the patient experience by minimising attendance at multiple locations and improving access to people with disabilities.

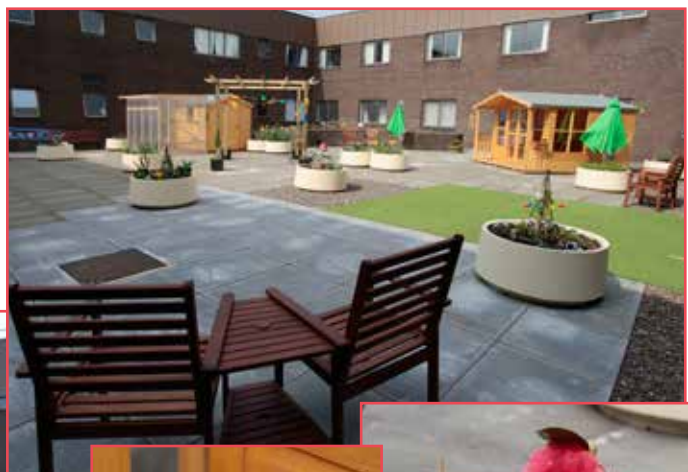
# New Patient Therapeutic Garden and Relaxation Area Opens



A new outdoor space providing a therapeutic garden and relaxation area for patients has been officially opened.

The courtyard now boasts a pergola, summer house, greenhouse and gardening hut, all donated by the Friends of Queen Margaret Hospital, alongside an astroturf area which

As part of upgrading works to the Older People's Wards (Wards 5, 6 and 7) last year, patient access was created to the existing internal courtyard area. Over the last few months the space has been transformed through the efforts of staff, volunteers and the Friends of Queen Margaret Hospital into a vibrant area for patient use.



will allow patients to take part in activities such as bowling.

Extensive planting and gardening has taken place within the courtyard, with flagstones re-laid, outdoor seating upgraded and solar lighting installed.

As well as providing a relaxation area there are plans to develop the therapeutic side of the space further to support patients in their recovery, including encouraging patients to

grow plants in the greenhouse which can then be used for practising kitchen skills.

The project has received support from NHS Fife's Endowment Fund and donations from patients and families.

To mark the hard work a celebratory afternoon tea was held, with David Wishart, Chairman of the Friends of Queen Margaret Hospital, officially opening the space.

## In Focus: The Renal Unit



Members of the Renal unit team

Our 'In Focus' section takes a look at services on the Queen Margaret site, providing a further insight into activity. In this edition we look at the Renal unit.

The Renal unit provides dialysis treatment for patients with renal disease and is one of 24 satellite Renal units across Scotland

The kidneys serve several functions within the body - excreting waste, maintaining salt levels, water and electrolyte balance and regulating blood pressure amongst other things. Dialysis treatment replicates many of these elements for patients whose kidney function is impaired.

The Renal unit operates Monday to Saturday and around 50 patients attend for dialysis every week. Patients usually attend three sessions per week, each lasting 3 to 5 hours at a time.

In addition to providing dialysis within the hospital itself, staff provide ongoing dialysis treatment outwith the main renal unit to ensure that treatment is as accessible as possible for patients.

The team also provides additional clinical services to monitor patients both pre-dialysis and post-transplantation.



## Carer and Patient Information Point

A Carer and Patient Information Point is available in the main reception area.



A range of information on organisations offering support and advice to carers is available as well as general health advice. A touchscreen facility also provides information on available support groups.

There are also plans for voluntary organisations to use the Information Point.

## Preliminary Work on Carnegie Unit Begins

Preliminary works have begun on the Carnegie Unit, which will be located on the second floor of the hospital.

Work to create the unit is expected to begin in autumn 2015.

A range of primary care and community services will be brought together in the new unit, which is set to open in 2016.

Services in the unit will include Speech & Language Therapy, Child and Adolescent Mental Health Service (CAMHS), the Centre for the Vulnerable Child, Podiatry, Diabetics, Dietetics and Psychology.

## New Project Lead



Andrea Wilson took up post as General Manager for Ambulatory Care in December 2014. As part of this role she manages the Queen Margaret Hospital site and is the Project Lead for the Queen Margaret Development Project.

Andrea has previously worked as General Manager for Surgery and Digestive Diseases in NHS Grampian, as Director of Clinical Delivery in NHS Fife and was also a member of the Board of Carnegie College prior to it becoming part of Fife College.

A trained Dietitian, Andrea has a number of areas of interest including quality improvement, clinical governance, strategic planning and risk management.

### Further Information

*If you have suggestions for any areas you would like to see covered in future editions please contact:  
fife-uhb.QMHNewsLetter@nhs.net  
To request this newsletter in an alternative format or community language contact the Equality & Human Rights team on: 01383 565142 or email: fife-uhb.EqualityandDiversity@nhs.net*